



# JAMAICAN CANADIAN ASSOCIATION

Sandra is a graduate of the University of Toronto where she earned a Bachelor's Degree in Psychology and a certificate in Human Resources Management from York University.

She currently works with the Canadian Race Relations Foundation as Program Director. Her work has been focused primarily in the areas of social development and advocacy, organizational change and community development. Sandra has extensive experience and a solid understanding of working on and with boards and volunteer organizations.

Sandra has been a member of the Executive Committee of the Jamaican Canadian Association (JCA) in 1997 she chaired a task force that developed an organizational review of JCA. The recommendations from the review led to several structural and operational changes in the organization including the addition of new positions on the Board to better reflect the diverse membership of the organization.

Sandra's work has taken her into the international arena where she campaigns for action on the human rights and social justice agenda.

**Vice President, 2 year term**  
Candidate: Cory A. Mills, B.A., LL.B.

Cory is a practicing Barrister, Solicitor and Notary Public. He was produced in Jamaica and Canada and holds a law degree in Human Rights Law, Administrative Law and Constitutional Law. Cory has the ability to think analytically and logically. He is a team player and able to work well in a high pressure environment. In 2001 he was appointed a Justice of The Peace in Jamaica.

**Vice President, 2 year term**  
Candidate: Eileen Conley-Duncan

Eileen is a retired public servant with the Province Government. She gave leadership in C.O.D.A. especially in the areas of organization, mobilization and bargaining. In the Community, she is involved in a wide range of community issues on behalf of women and children. Eileen is a hard worker, a team player and a team player with lots of passion and drive. She demonstrates excellent communication and organizational skills and currently serves on several J.C.A. committees.

**Vice President, 2 year term**  
Candidate: Barbara Thomas

Barbara has shared many JCA opportunities, through her demonstrated her love for the community by offering her services to many organizations, including Metro Toronto Home for the Aged, other Senior Homes and the Presbyterian Church. She is the spouse of the JCA 1st year member's spouse. Barbara is voluntarily involved with group, corporate, leadership and communication skills.

**Treasurer, 2 year term**  
Candidate: Cyndi Anderson O.B.A., SM Level

Cyndi is JCA's present Treasurer incumbent. She has worked for over 25 years in Accounting and Financial Administration.

Her work-making skills are the result of her being well organized and logical.

## Biographies of Board Nominees

**Submitted by:**

Monica Mitchell - Chair, JCA Nominating Committee

June 26, 2005

**President, 1-year term**

✓ **Candidate:** Sandra Carnegie-Douglas B.Sc.

Sandra is a graduate of the University of Toronto with a Bachelor of Science degree in Psychology and a certificate in Human Resources Management from Ryerson University.

She currently works with the Canadian Race Relations Foundation as Program Director. Her work has been focused primarily in the areas of policy development and analysis, advocacy, organizational change and community development. Sandra has extensive experience and a solid understanding of working on and with boards and volunteer committees.

Sandra has held the positions of Vice President and Fundraising Chairperson on the Board of Directors of the Jamaican Canadian Association (JCA). In 1997 she chaired a task force that undertook an organizational review of JCA. The recommendations from the review led to several structural and operational changes in the organization including the addition of new positions on the Board, to better reflect the diverse membership of the organization.

Sandra's work has taken her into the international arena where she continues to advance the human rights and social justice agendas.

**Vice President, 2-year term**

*No Show*  
**Candidate:** Cory A. Mills, B.A. LLB

Cory is a practicing Barrister, Solicitor and Notary Public. He has practiced in Jamaica and Canada and has a keen interest in Human Rights Law, Administrative Law and Constitutional Law. Cory has the ability to think analytically and logically. He is a team player and able to work well in a high-pressured environments. In 2001 he was appointed a Justice of The Peace in Jamaica.

**Vice President, 2-year term**

**Candidate:** Edna Smith-Bowes

Edna is a retired public servant with the Provincial Government. She gave leadership in OPSEU, especially in the areas of organization, mediation and bargaining. In the Community, she is involved in organizations, championing issues on behalf of women and children. Edna is a hard worker, a quick thinker and a team player with lots of passion and drive. She demonstrates excellent communication and interpersonal skills and currently serves on several JCA committees.

✓ **Vice President, 2-year term**

**Candidate:** Barbara Thomas

Barbara is a retired Health Care Administration Coordinator, Educator, Preceptor and Consultant. She has chaired many JCA Committees. Barbara has demonstrated her love for the community by offering her services to many organizations, including Metro Toronto Home for the Aged, other Senior Homes and the Presbyterian Church.

She is the recipient of the JCA 24<sup>th</sup> year membership award.

Barbara is industriously minded with strong computer, leadership and communication skills.

✓ **Treasurer, 2-year term**

**Candidate:** Cyndi Anderson C.G.A. ON Level

Cindy is JCA's present Treasurer/ incumbent. She has worked for over 25 years in Accounting and Financial Administration.

Her multi-tasking skills are the result of her being well organized and flexible.



**Chair Membership Services Committee.**

**2-year term**

**Candidate: Anton E. Squire**

Anton has taken courses in Law Management and Business Administration.

He is currently Owner/Managing Director of Metro Home Services.

In the Community, he volunteered as Deacon and Church Council, Chair of the Regional Programs- Canadian Red Cross, Chair of the Daffodil Campaign – Canadian Cancer Society. Currently, he is part of the Allocations Committee – United Way of Greater Toronto. Anton is articulate, which gives him the ability to demonstrate excellent communication skills and is he is a respected community advocate.

**Chair Membership Services Committee.**

**2-year term**

**Candidate: Pam Reynolds**

Pam has a Certificate in Business Administration from George Brown College and a Certificate in Human Resources Management from University of Toronto. She is experienced in Debt Management/Credit Counseling, Special Events and Hospitality Planning.

Pam Reynolds' achievements and volunteer activities include that of Membership Chair on the Caribbean African Chamber of Commerce, Parent Teachers' Associations and the Monsignor Percy Johnson Catholic School. Pam is also a member of the JCA Scholarship Selection Committee and past member of the Social Committee. Pam was a member of the Fundraising Committee at the JCA and recipient of JCA's Volunteer Award "Women Recognizing Women."

Pam is the President of Reynolds & Associates.

**Public Relations Committee, 2-year term**

**Candidate: Leo Campbell B.A.**

In 2002 Leo graduated from Oakwood College, in Huntsville, Alabama, (USA), a United Negro College Fund University. He received his B.A. degree from the School of English and Communications and also obtained a minor in Theology.

Leo Campbell is currently the Marketing Director for Face International Inc. manufacturers of the Famous "Bump Eraser", an herbal face conditioner for Men.

Prior to becoming Marketing Director of Face International Inc., he served as Communications Specialist, at the Ministry of Foreign Affairs and International Trade, the Government of Canada, assigned to the Eastern Caribbean and the Government of Grenada – Prime Minister's Office.

Leo is very active in his church where he serves as Communications Director and member of the Board of Directors. He is also a founding Board member of the Peel Regional Police Student Board of Directors - mandated to decrease Violence in Peel District Schools in the City of Mississauga (1996-1998).

**My Passion and Mission for JCA**, "Our task and our duty is to unite around a vision and program that will physically, socially and mentally empower, promote and improve the quality of life for our members and our communities."

**MOTTO: "I can do all things through Christ who gives me strength" (KJV Bible)**

**Public Relations Committee, 2-year term**

**Candidate: Avril James B.A.**

A registered nurse, Avril is currently involved in the education and research areas of a large teaching hospital.

She volunteers in the church and political associations and is the founder and editor of a Nursing Newsletter.

Avril is a very understanding and hardworking individual who exhibits excellent interpersonal skills, which she demonstrates in her community network.

**Public Relations Committee, 2-year term:**

**Candidate: Arnold Rowe**

Arnold Rowe is currently CEO and Managing Director of Rapid Remittance Money Transfer Company. He is experienced in Policing and Insurance.

Arnold has volunteered in leadership roles for many business organizations both in Jamaican and Canada.

He was past member of the Kingston and St. Andrew Corporation of Jamaica.

**Women's Committee, 2-year term:**

**Candidate: Camille Hannays-King B.A., M.Ed**

The holder of a certificate in Adult Education, Camille currently works as a Professor at the Humber Institute of Technology and Advanced Learning. She has over 25 years of knowledge skills and work experience in counseling, group facilitating, crisis management, sensitivity to ethno-cultural and racial diversity issues. Her workplace experience includes, focus on women's issues, teenagers and the family. She has written articles in Professional Journals on counseling, sexual abuse and stress management.

Camille has a wide range of volunteering experience in the community such as, the JCA Women's Committee, Congress of Black Women, Board Member of Scarborough Women's Centre and the Executive Council of

Academic and College Committee. She is a dedicated and dependable individual who manages her time efficiently and understands the work of boards.

**Building Committee Chair, 2-year term:**

**Candidate: Amy Nelson**

Amy is a Retired Nurse Manager and is one of the founding members of JCA and the JCA's Caribbean Canadian Seniors' Association. Having served for many years on most of JCA's Committees, Amy currently serves on the Building Committee and has volunteered both nationally and internationally. She has received numerous awards for her work in volunteerism. Her passion and drive for the JCA is admirable and impressive. Amy is flexible, forthright, organize, and indeed a hard worker.

**The JCA's Nominating Committee welcomes additional Nominees from the floor at our 2005 Annual General Meeting.**

**Let us raise the JCA to its next level of success!**